

Measurements for:

Date taken:

Body Fit Points	Your Measurement	Minimum ease for woven
Upper body		
1. Shoulder length		
2. Shoulder width front		
3. Shoulder width back		
4. Shoulder slope front & back		
5. Center front length		
6. Center back length		
7. Shoulder neck to apex		
8. Shoulder neck to apex to waist		
9. Apex to apex		
10. High bust circumference		
11. Full bust circumference		3"
12. Waist circumference		2" Waistbands 1/2"
13. Sleeve cap height		
14. Bicep circumference		2"
15. Arm length		
16. Wrist circumference		2"
Lower Body		
17. Waist Circumference		2" Waistband 1/2"
18. Hip circumference		2"
19. Crotch depth		Jeans 0 Slacks 1/2" Trousers 3/4"
20. Crotch hook front		
21. Crotch hook back		
22. Crotch total length		Jeans 0 Slacks 3/4" Trousers 1"
23. Crotch front length		
24. Crotch back length		
25. Thigh circumference		2"
26. Calf circumference		2"
27. Inseam		