

materials

Materials listed are enough to create one 28"x75½" table runner.

11/4 yards each of solid white & red cotton fabric (A & B)

²/₃ yard of floral print cotton fabric (C)

1/2 yard of white floral print cotton fabric (D)

1/4 yard of apple green cotton fabric (E)

1/8 yard of red floral print cotton fabric (F)

2½ yards each of solid pink cotton fabric (G) & lightweight quilt batting

Coordinating fabric scraps (for appliqués)

1½ yards of tear-away stabilizer or mediumweight fusible stabilizer

Thread: all-purpose, bobbin & embroidery

Safety pins

Hand sewing needle

Temporary spray adhesive

Spray starch

Crocheted flowers (optional)

Buttons (optional)

6 house appliqué embroidery designs



CUT

- From the stabilizer, cut six 10"x15" rectangles for the appliqué blocks.
- From fabric A, cut six 10"x15" rectangles for the appliqué blocks and three 21/2"x42" strips for the borders.
- From fabric B, cut two 2"x42" strips for the small borders, five 21/4"x42" strips for the large border, eight 3" squares for the red
- corners and six $2^{1/2}$ "x42" strips for the binding.
- From fabric C, cut six 31/2"x42" strips for the large outer border.
- From fabric D, cut three 3"x42" strips.
- From fabric E, cut three 31/4"x191/4" strips for the horizontal borders.

- From fabric F, cut two 2³/4" x9³/4" strips for the vertical borders.
- From fabric G, cut one 36"x85"rectangle for the backing.

EMBROIDER

 Download the free appliqué design from cmemag.com/ freebies. Choose five additional coordinating designs, if desired. Or use the featured free design for all six embroidered blocks.

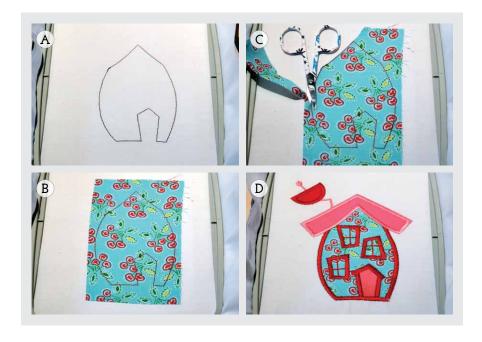
OUILT DIAGRAM



- Thread the needle with embroidery thread and the bobbin with bobbin thread. Load the first embroidery design into the machine.
- Center and hoop one appliqué block with a piece of stabilizer. Place the hoop onto the machine and embroider the design outline (A). Remove the hoop from the machine. Cut a fabric scrap slightly larger than the outline. Spray the scrap right side with starch; press. Spray the scrap wrong side with temporary spray adhesive. Center and finger-press the scrap over the design outline.



Cover the work surface with paper when using spray starch and temporary spray adhesive to prevent over spray.



- Embroider the tacking stitches (B). Remove the hoop from the machine and carefully trim the appliqué fabric close to the stitches (C).
- Place the hoop back onto the machine and finish embroidering the design, repeating the appliqué steps (D).
- Repeat to complete each embroidered block.
- Trim two embroidered blocks to measure 9¹/₄"x10¹/₂" and the remaining blocks to measure 9"x9³/₄", centering the designs; press.

CONSTRUCT

Use 3/8" seam allowances.

- Stitch the block seams with right sides together. Press seam allowances away from center.
- Piece together block 1 according to the diagram above. Align one small red-border strip with the embroidered-block upper edge; stitch. Trim the excess border beyond the seam end. Repeat to stitch the small border to the embroidered-block lower edge. Repeat to attach the small border to the pieced-panel sides.
- · Align one fabric-C strip with the

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tip

Use temporary spray adhesive between the fabric layers to prevent shifting before quilting.

pieced-block upper edge; stitch. Trim the excess border beyond the seam end. Repeat to stitch the white border to the pieced-block lower edge, and then stitch the sides in the same manner. Attach the fabric-D upper and lower borders.

- From the remaining fabric-D strips, cut four 16"-long strips. Stitch one red square to each fabric-D side-border short end. Press the seams away from center and trim to 1/4". Stitch the side borders onto the pieced panel, aligning the seams.
- Repeat to stitch block 6.
- Align one fabric-F strip long edge with the embroidered block-2 right edge; stitch. Align the block-3 left edge with the remaining fabric-F long edge; stitch. Repeat to stitch blocks 4 and 5 to the remaining fabric-F strip.
- Align one fabric-E strip long edge with the block 2 and 3 upper edge;

stitch. Repeat to stitch another fabric-E strip to the block lower edge. Align the block 4 and 5 unit with the block 2 and 3 unit lower edge; stitch. Align the remaining fabric-E strip with the unit lower edge; stitch.

- Align the block-1 lower edge with the multi-block upper edge; stitch. Align the block-6 upper edge with the multi-block lower edge; stitch.
- Align one fabric-B large borderstrip long edge with the table runner upper edge; stitch. Trim the excess border beyond the seam end. Stitch the remaining border to the table-runner lower edge. Piece together the remaining large border strips along the short edges; press open the seams. Repeat to attach a border strip to each table-runner side.
- Repeat to attach the fabric-C border, referring to the diagram at left.

OUILT

 Place the backing fabric right side down on a flat surface; smooth out. Layer the batting over the



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When hand sewing binding, pin only one foot of binding at a time to allow for some shifting and stretching.

backing; smooth. With the right side up, layer the table runner top over the batting; smooth. Pin through all layers every 3" to 4" using safety pins. Quilt as desired up to the design perimeters. Change thread colors to quilt each block, if desired. The featured table runner was quilted using an all-over free-motion quilting method.

· Evenly trim the table runner edges.

FINISH

- Piece together the binding strips with right sides together along the short edges to form one continuous strip. Join each strip using a 45° seam to reduce bulk; press open. Cut one strip end on the diagonal, and then fold it 1/2" toward the wrong side; press.
- Fold the strip in half lengthwise with wrong sides together; press.

Align the binding raw edge with the table runner raw edge on the right side; stitch using a ½" seam allowance. At the first corner, stitch to within 3/8" from the edge, backstitch for two stitches and remove the table runner from the machine. Fold the binding strip up at a 45° angle, and then back down to align with the adjacent table runner edge; continue stitching. Miter all four corners in this manner as you reach them.

- Trim the binding end ½" beyond the binding beginning. Tuck the binding end into the diagonal seam at the binding beginning and smooth the ends together. Finish stitching the binding.
- Wrap the binding around the table runner perimeter toward the wrong side; pin, and then whipstitch the binding fold to the table runner back.

 If desired, embellish the table runner by hand stitching crocheted flowers and buttons.

DESIGNS

Cottages: Designs by JuJu, Whimsical Cottages Appliqué (DBJJ585); designsbyjuju.com

Download an appliqué cottage design free from cmemag.com/freebies until Apr. 30, 2013. The design will be available for purchase at designsbyjuju.com after the expiration date.

SOURCES

Brother provided the embroidery, all-purpose and bobbin thread: brother.com.

Free Spirit Fabrics provided the Love & Joy by Dena Designs fabric: freespiritfabric.com.

Riley Blake provided the cotton solids and crocheted flower and button embellishments: (888) 768-8454, rileyblakedesigns.com.

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