

# *Dreamscape*



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Freshen your  
bedroom with this  
hand-painted  
ensemble.

## Instead of using ribbons to close the duvet cover, add snaps or buttons and buttonholes at the suggested ribbon locations.

**HAND PAINT DESIGNER FABRIC FOR A ONE-OF-A-KIND DUVET COVER** with matching shams and throw pillows. Take it a step further and purchase coordinating pillowcases and a bed skirt, or paint white ones to match. The free-form floral accents are loosely painted, so no two flowers are alike. If you're uncomfortable painting without a pattern, we've supplied a basic template to work from (see page 39). Enlarge the pattern 200% on a copy machine.

For the fabric, choose 100% cotton fabric or a blend with at least 50% cotton—the paint adheres better to natural fibers. If you can't find extra-wide yardage, substitute white sheets—look for them at sales and on clearance tables. Wash, dry and press all fabrics to remove the sizing.

Paint the fabric on a hard, flat, smooth surface, and protect the area with plastic drop cloths (the floor works well for large pieces). When painting the background of each piece, spray the fabric with water, so the paints will spread and blend together better.

When you're finished painting, let the fabric dry, and set the paint by pressing it from the fabric wrong side. Use the cotton temperature setting, and press for two to three minutes in each area. Once set, the fabric is washable and dry-cleanable.

### editor's note

The featured pillow shams are from an old bedroom set and were painted over. Do you have a set that looks a little dated? If the original print isn't too bold, you won't even see it after painting.

### GENERAL MATERIALS

- **Pébéo Setacolor transparent paints:** #01 Plum, #20 Red Ochre, #23 Oriental Red
- **Pébéo Setacolor opaque paints:** #10 Titanium White, #44 Shimmer Pearl, #63 Shimmer Brick Red, #64 Shimmer Oriental Red, #66 Shimmer Wine, #72 Shimmer Bronze, #74 Shimmer Chocolate
- **Paint brushes:** 2"-wide flat (or foam brush), round #8
- **Applicator bottle with fine-tip cap**
- **Palette or disposable plastic plate**
- **Transfer paper (optional)**

### DUVET COVER

Finished size is about 90" x 90".

#### MATERIALS

- 2½ yards of 90"-wide white cotton fabric or white double-size sheet for center panel
- 2½ yards of 110"-wide white cotton fabric, or white queen-size sheet (at least 92" x 102"), or 7⅞ yards of 44"-wide coordinating fabric for backing
- 1 yard of 110"-wide cotton fabric (2⅝ yards of 45"-wide) for borders
- 6 yards of ⅞"-wide grosgrain ribbon
- **Two pillowcases:** white cases to paint or purchase coordinating cases
- **Queen-size dust ruffle:** white ruffle to paint or purchase coordinating ruffle

**From the yardage** or double sheet, cut a 71" x 81" rectangle for the center panel. Cut the border fabric into three 11" x 91" strips.

**Pour about a capful** each of #20 Red Ochre, #23 Oriental Red and #61 Plum onto the palette.

**Place the center panel** on a flat surface and moisten. With the 2"-wide brush, paint the fabric using a combination of the three colors. Begin by painting with the Plum color, making large

sweeping strokes parallel to the longer edge. Paint loosely over approximately one-third of the area, leaving portions white to be painted with the other two colors.

**Without cleaning the brush**, dip the brush in the Oriental Red, and make large sweeping strokes to cover about one-half of the remaining white area, letting the paints blend with each other. Also add some Oriental Red over the Plum for a layered effect.

**Finally, dip the brush** (without cleaning it) into the Red Ochre, and paint the remaining white area with sweeping strokes. Also paint some large sweeping strokes over the first two colors. Allow the fabric to dry and clean the palette.

**Add the flower-and-leaf motifs.** If you're using the pattern as a guide, transfer the floral pattern onto the fabric with the transfer paper. Place the paper (ink side down) in the desired location. Then place the pattern over the transfer paper, and trace over the design with a soft-lead pencil. Repeat, randomly spacing motifs about 16" to 18" apart.

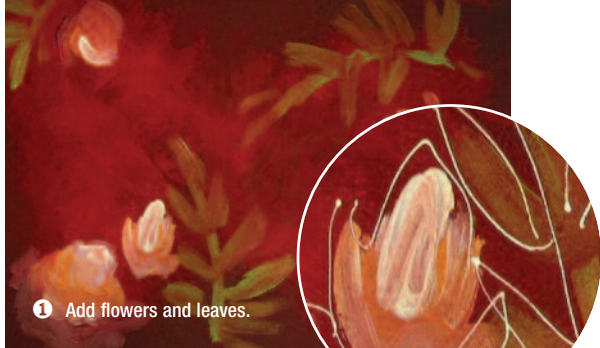
**Pour a large dollop** of Shimmer Brick Red, Shimmer Oriental Red, Shimmer Wine, Shimmer Chocolate, and Shimmer Pearl onto the palette.

**Using the round brush** and Shimmer Pearl, paint the background of one flower design. To add the remaining colors, work from the top of the flower to the base.

**Without cleaning the brush**, dip the brush into Shimmer Brick Red, and paint over the Pearl, leaving brush

**tip:** To speed up fabric drying time, use a hair dryer or hang the fabric over a clothesline.

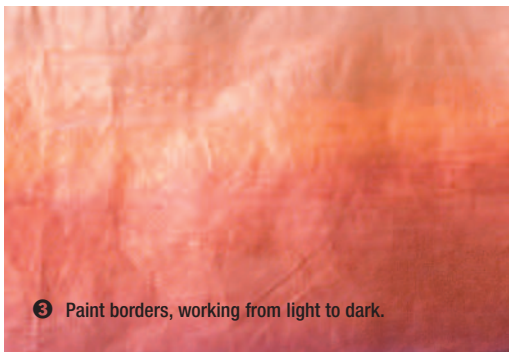




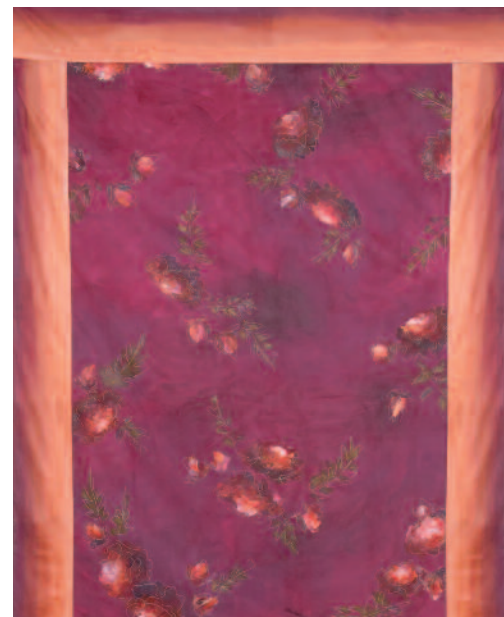
1 Add flowers and leaves.



2 Loosely outline shapes.



3 Paint borders, working from light to dark.



4 Add the side and lower borders.

**tip:** Instead of measuring and cutting the large backing square, simply spread the top over the backing with *wrong* sides facing and trim the lower layer to match.

strokes to give the flower dimension.

Repeat with Shimmer Oriental Red and Shimmer Chocolate, allowing the colors to blend somewhat.

**Without cleaning the brush,** dip it into the Shimmer Wine, and add shading on the flower petals. Clean and dry the brush.

**To paint the leaves,** pour a large dollop of Shimmer Bronze and Shimmer Wine onto the palette.

**With the round brush,** paint the leaves using Shimmer Bronze. Dip the brush into Shimmer Wine, and add shading to each leaf to add dimension (1); allow to dry.

**Fill the applicator bottle** with Titanium White (see “Helpful Hints” on page 42). Draw lines loosely following the flower and leaf edges; allow the paint to dry (2).

**Using a damp cloth,** wipe off any transfer lines not covered by paint; press.

## Borders

**To paint the borders,** place the three 11”x91” fabric strips on a hard, flat surface; moisten. Using the large, flat brush and Shimmer Pearl, paint the entire length of each strip in long, loose strokes—don’t try to completely cover the surface.

**Without cleaning the brush,** and beginning along one lengthwise edge, paint Shimmer Brick Red over the pearl color with long brush strokes. Repeat to apply the Shimmer Oriental Red, Shimmer Chocolate and Shimmer Wine in a loose fashion,

working from one edge to the other and creating a light-to-dark blend (3). Allow the panels to dry; press from the wrong side.

## Assemble the Duvet Cover

With right sides facing and using ½” seam allowances, stitch a border strip to each long edge of the center panel, trimming the excess length even with the panel. Stitch the remaining border strip to a remaining side to create the lower end, trimming the excess length even with the side border edges (4).

**Cut a 91” square** from the backing fabric or queen sheet. With right sides facing, stitch the backing fabric to the assembled top at the sides and lower edges, leaving the upper edge open to insert the duvet. Press the seams open as far as possible into the corners. Turn the cover right side out, and press the edges flat. Turn under the opening edges with a ½” doubled hem and topstitch to secure.

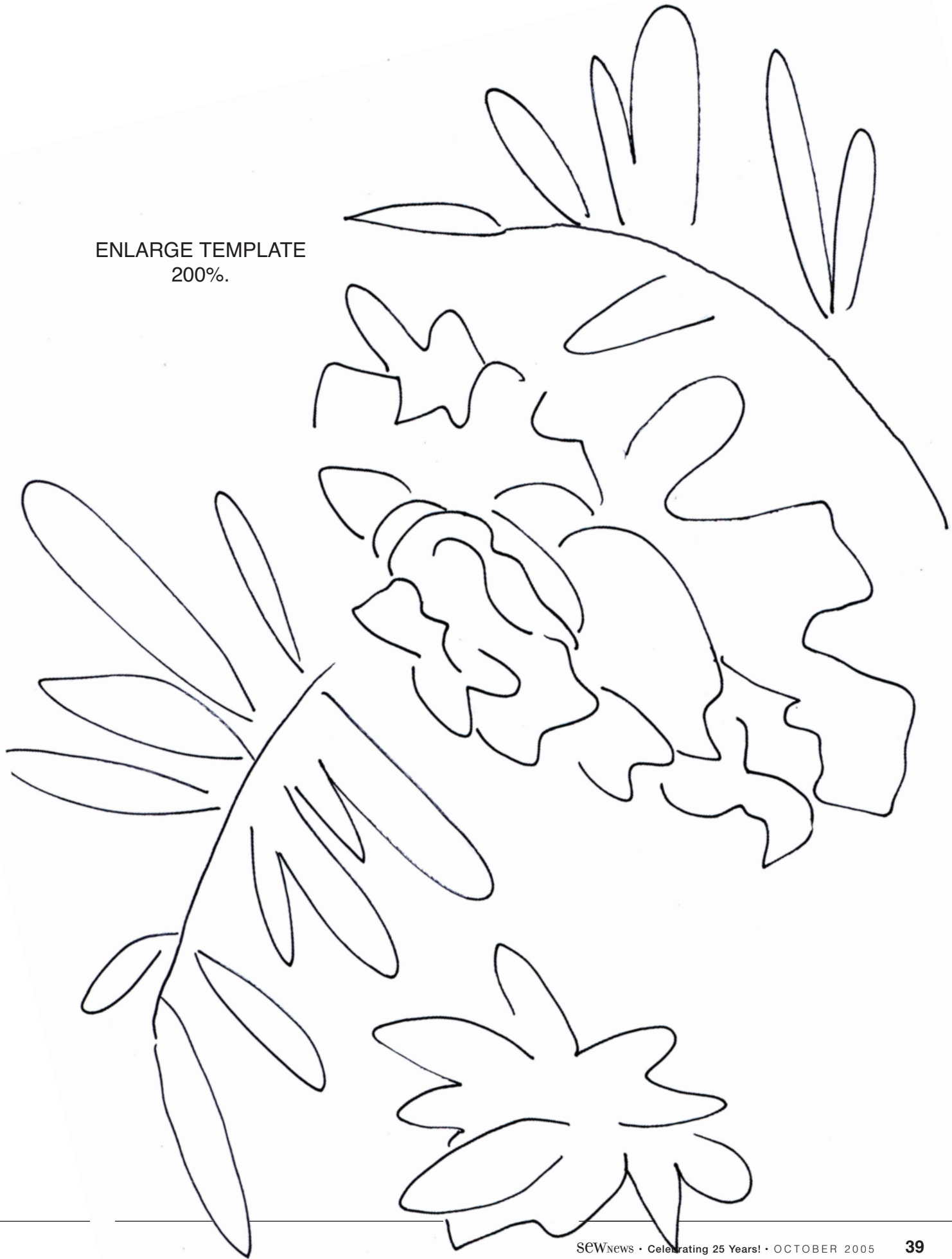
### Cut eighteen 12” lengths of ribbon.

Attach the ribbon in nine pairs to the turned-under edges of the opening (5). Stitch a pair 5” from each side edge, and space the remaining pairs 10” apart. Insert the duvet and tie the ribbons to close.



5 Stitch ribbons to hem allowance; turning under raw edges.

ENLARGE TEMPLATE  
200%.







6 Round off pillow sham corners.



7 Overlap piping ends and stitch to finish.

**tip:** Use a zipper foot when stitching piping—it's easier to get close to the corded portion.

## PILLOW SHAMS

Directions and yardage are for two pillow shams that fit standard bed pillows. Stitch with right sides facing, and use  $\frac{1}{2}$ " seam allowances.

### MATERIALS

- 3 yards of white cotton fabric
- $6\frac{1}{2}$  yards of  $\frac{1}{4}$ " piping with flange—white or coordinating color

**Cut two  $23\frac{1}{2}$ " x 34"** front panels and four  $18\frac{3}{4}$ " x  $23\frac{1}{2}$ " back panels from the fabric.

**Paint each panel** in the same manner as for the duvet cover center panel. Add the floral design to each front panel as desired.

**If using white piping**, paint the corded portion and part of the flange next to it with Shimmer Bronze.

**Hem one long edge** of each back panel with a  $\frac{1}{4}$ " doubled hem.

**With right sides facing** and aligning the  $23\frac{1}{2}$ " raw edges, place two back panels over one front panel, overlapping the hemmed edges. Round off each corner by tracing around a large spool or half-dollar, and trim both layers at once (6).

**Remove the back panels** and pin one-half of the piping to the front panel, matching the raw edges. Overlap the piping ends, extending the ends past the edge; baste (7).

**Reposition the back panels** over the front panel, and pin the edges together. Stitch around the perimeter, just inside the previous stitching. Clip the corner curves and turn right side out through the back opening. Press the edges flat.

**Measure and mark lines**  $1\frac{3}{4}$ " from and parallel to the edges. Topstitch along the marked lines to form the flange.

## LARGE PLAID



## PILLOW

### MATERIALS

- 2/3 yard of white cotton fabric
- 20"-square pillow form

**Cut two 20½" squares** from the white fabric and place one on a flat surface; lightly moisten the fabric.

**Pour a dollop** of Shimmer Pearl, Shimmer Brick Red, Shimmer Oriental Red, Shimmer Wine and Shimmer Chocolate onto the palette.

**To create the plaid design** use the round brush, and paint stripes going in one direction, using each paint and varying the thickness and color placement (8); allow to dry.

**Repeat to paint perpendicular stripes.** Stop and start some strokes at the previous stripes to create a woven look (9).

**Paint the second fabric** square using the large flat brush and one of the colors. Dry and press the squares.

**With right sides facing** and ½" seam allowances, stitch the two squares together. Leave an opening on one side for inserting the pillow form. Turn right side out, and press the edges flat. Insert the pillow form and stitch the opening closed.

## SMALL SQUARE PILLOW

### MATERIALS

- ½ yard of white cotton fabric
- 14"-square pillow form

**Cut two 14½" squares** from the white fabric, and place one on a hard flat surface; lightly moisten the fabric.

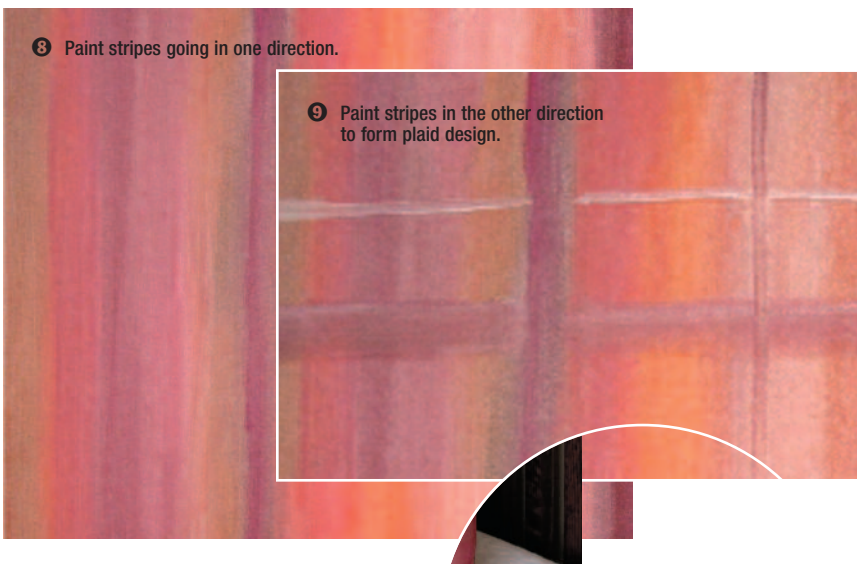
**Pour a dollop** of Shimmer Pearl, Shimmer Brick Red, Shimmer Oriental Red, Shimmer Wine and Shimmer Chocolate onto the palette.

**Using the large flat brush,** loosely paint the square with the Shimmer Pearl. Paint some large strokes of Shimmer



8 Paint stripes going in one direction.

9 Paint stripes in the other direction to form plaid design.



Brick Red over the Pearl without trying to cover the entire surface. Continue in this manner to add Shimmer Oriental Red, Shimmer Wine and Shimmer Chocolate to create a layered effect (10).

**Using the same color** as for the plaid pillow back, paint the second fabric square. Allow to dry; press. Finish as for the large pillow.

10 Loosely layer paints.



## HELPFUL HINTS

- The paint is water-based; clean brushes with warm water and soap.
- If you make a mistake, immerse the spot in cool water as soon as possible.
- Use a hair dryer to speed up fabric drying time.
- Snip the applicator bottle tip at the very top. Fill bottle about one-third full with paint. Gently squeeze the tube to draw, practicing first on a paper towel.
- If the paint is too thick, thin it with a bit of water to allow for easier application.
- Colors are easily mixed and blended.
- To care for hand-painted fabric, either dry-clean, or machine wash in cool water using a gentle cycle.

## ROLL PILLOW

### MATERIALS

- $\frac{2}{3}$  yard of white fabric
- $1\frac{1}{2}$  yards of  $\frac{1}{8}$ "-wide coordinating ribbon
- 6"x 20" roll-pillow form

Stitch with right sides facing and  $\frac{1}{2}$ " seam allowances unless noted otherwise.



**From the fabric,** cut one  $16\frac{3}{4}$ "x  $20\frac{1}{2}$ " rectangle for the center panel and two 7"x  $20\frac{1}{2}$ " rectangles for the end sections. Place on a flat surface and moisten.

**Using the large flat brush,** paint the large rectangle with a mixture of two-thirds Shimmer Bronze and one-third Shimmer Wine; allow to dry.

**Paint a leaf motif** with a dry round brush using Shimmer Bronze. Then shade the leaves with a bit of Shimmer Wine.

**Fill the applicator bottle** with Titanium White, and loosely outline each leaf; let dry.

**Wet and paint** the remaining two rectangles with a mixture of Plum and Red Ochre. Allow the fabric to dry, and press all three pieces.

**With a  $\frac{1}{4}$ " doubled hem,** finish one  $20\frac{1}{2}$ " edge of each smaller rectangle. Stitch the raw edges to the lengthwise edges of the center panel; press. Then sew the  $28\frac{3}{4}$ " edges together, aligning the seams, to form a tube; press the seam open.



**Turn the tube right side out,** and insert the pillow form. Tie one-half of the ribbon around each end to close. Trim any excess ribbon.

## PILLOWCASES & DUST RUFFLE

**To paint white pillowcases** and a dust ruffle: In a plastic cup mix two-thirds Shimmer Bronze with one-third water. Add several drops of Shimmer Wine to the mix.

**Place the fabric** on the flat work surface and moisten. Use the large flat brush, and paint in long strokes parallel to the lengthwise edges; allow to dry.

**For each pillowcase,** turn over and paint the remaining side. Press to set the paint.



Tanya Vallières is a full-time artisan creating unique and special designs for Pébéo. She's responsible for testing the new and existing product lines, and her passion is creating pieces for the home. She resides in Sherbrooke, Quebec with her husband and two young children.



### SOURCE

**Pébéo of America,** Dept. SN, Box 717, Swanton, VT 05488, (819) 829-5012, [www.pebeo.com](http://www.pebeo.com), provided the bedroom ensemble and paints. ♪